

# menu

**Our philosophy** is to change our menu often using ingredients from our Food Hall. We insist everything is freshly prepared using seasonal produce, which sometimes takes a little longer to prepare your meal.

## The History of Samford



‘Hundreds’ were the medieval administrative and military districts of a County; defining enough land for 100 Manor houses who each provided a ‘Man of Arms’.

Wherstead Hall was a Manor in the Samford Hundred and Samford has since been used as the pedigree name for Suffolk horses belonging to the Paul family.

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# breakfast

until 11.45

<b>The AONB Breakfast</b>	£12.00
<i>Double egg, two sausages, bacon, cherry vine tomatoes, mushrooms, black pudding, toast with tea or coffee</i>	
(£1 from each AONB Breakfast will be donated to Suffolk Coasts and Heaths)	
<b>The Suffolk Sizzler</b>	£8.50
<i>Sausage, bacon, egg, cherry vine tomatoes, mushrooms, black pudding, toast</i>	
<b>The Big Green Breakfast</b>	£8.50
<i>Quorn sausages, hash browns, egg, cherry vine tomatoes, mushrooms, toast</i>	
<b>Scrambled Eggs with Smoked Salmon, toast</b> (available all day)	£6.95
<b>Flowton Eggs Benedict</b> (available all day)	£6.95
<b>Flowton Poached Eggs On Toast</b>	£5.50
<b>Gerard's Own Recipe Sausage Buttie</b>	£4.95
<b>Gerard's Suffolk Bacon Buttie</b>	£4.95
<b>Croissant with jam or Pain au Chocolat</b>	£1.95
<b>Shropshire Granola served with Marybelle milk or Marybelle natural yogurt</b>	£4.50
~ The Nuts	
~ Berry Cute	
<b>Pim Hill Farm porridge with sultanas, fresh banana or local honey</b>	£4.50
<b>Fruit salad with Marybelle natural yogurt</b>	£4.50

## starters & lights

*from 12 noon*

Basket of our own breads with extra virgin olive oil and aged balsamic vinegar	£4.50
Chef's soup made from local produce served with our own bread	£4.75
A selection of cheeses from our islands, chutney, pickled vegetables and crackers	£5.75
Soft Scotch egg with celeriac remoulade and dressed leaves	£4.95
Puy lentil, rocket and goat's cheese salad with lime dressing	£5.95
A salad of roasted butternut squash and fennel with crumbled Suffolk blue and a tomato dressing	£5.95
A crisp pepper and parmesan tart with parmesan crisps and rocket	£6.25
Suffolk Gold and Black Dog Rarebit	£6.95

## open sandwiches

*from 12 noon*

Chargrilled sirloin of beef, garlic mayo and dressed leaves on granary	£8.50
Sutton Hoo chicken breast chargrilled in Cajun spices, paprika and lime mayo on granary	£7.50

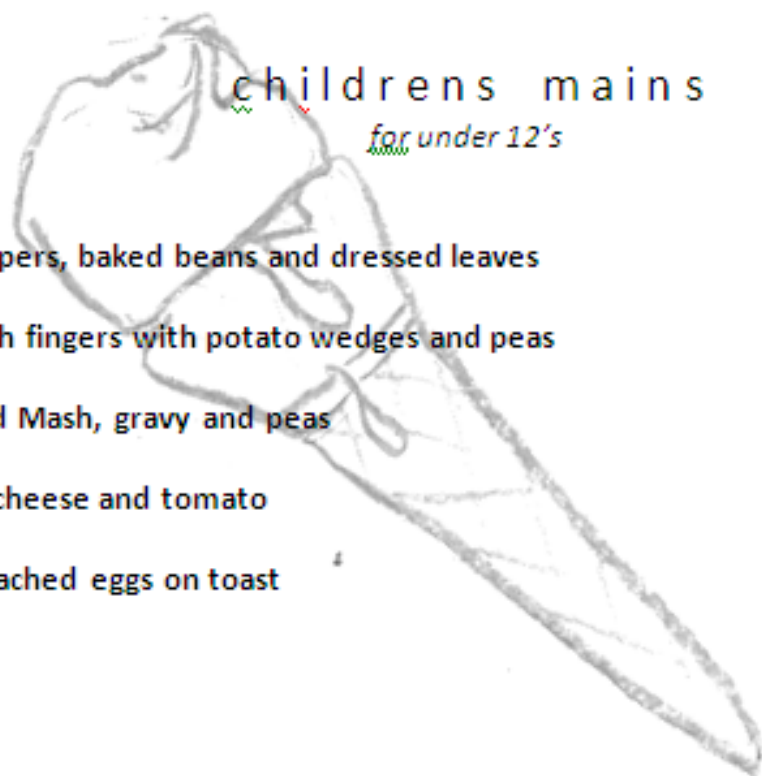
m a i n s  
f r o m 1 2 n o o n

Braised shoulder of Capel St Mary lamb pie, <u>lyonnaise</u> potato and <u>purple sprouting broccoli</u>	£11.25
Our signature fish pie (all locally caught) with Chorizo and sugar snap peas, <u>topped with mash</u>	£10.95
Salmon fishcake with a baby leaf salad and a herb <u>crème fraiche</u>	£10.95
<u>Laxfield</u> shorthorn beef, mushroom and ale casserole with root vegetables and herb dumplings	£9.95
<u>Brancaster</u> mussels poached in garlic, wine, parsley and cream, <u>our own granary bread</u>	£9.95
Turkey breast en crouete, our own stuffing, Brussels sprouts, Broxtead potatoes and cranberry sauce	£9.95
Aubergine, plum tomato and basil stack with rocket, shaved parmesan and <u>pesto</u>	£9.95
Pan seared Broxtead Butchery chicken supreme with buttered fondant <u>potato</u> , savoy cabbage and a red onion jus	£9.25

c h i l d r e n s m a i n s

f o r u n d e r 1 2 ' s

Chicken dippers, baked beans and dressed leaves	£4.25
Our own fish fingers with potato wedges and peas	£4.25
Bangers and Mash, gravy and peas	£4.25
Pasta with cheese and tomato	£4.25
Flowton poached eggs on toast	£4.25



## puddings

from 12 noon

Apple tart tatin with vanilla ice cream	£3.95
A crisp lemon tart with a soft berry compote	£3.95
Chocolate cheesecake with vanilla mascarpone	£3.95
Christmas pudding topped with brandy foam	£3.95

## cakes, scones & pastries

Choose from our daily cake selection...

Victoria, Coffee & Walnut, Lemon Drizzle, Double Chocolate, Carrot Cake	£2.25
Chocolate Brownie	£1.95
Croissant with jam or Pain au Chocolat	£1.95
Plain Flapjack, Apricot Flapjack, Sultana Flapjack	£1.50
Our own baked Fruit or Plain Scone with clotted cream and jam	£1.95
Cheese Scone with butter and our own chutney	£1.95

